



## **OSK Abstract Submission Guidelines**

Here are the guidelines for submitting your abstract to the OSK Conference 2025.

### **General Information**

Who can submit: Ophthalmologists, OCOs, Optometrists, Medical Practitioners, and other Allied Eye Health Workers.

Submission method:

All abstracts must be submitted in English via email to [abstracts2025@osk.or.ke](mailto:abstracts2025@osk.or.ke).

Submission limit:

A maximum of 3 abstracts per person is allowed per category (Paper, E-Poster, Image, Video).

Indicate type:

You must clearly state the type of abstract you are submitting (Paper, E-Poster, Image, Video).

Review process:

All abstracts will be reviewed by the OSK Conference 2025 Scientific Committee. The committee has the final say on acceptance and reserves the right to re-categorize a submission (e.g., from Paper to E-Poster).

Presenter requirement:

If your abstract is accepted, one of the authors must present it. The presenter must be a registered delegate and pay all applicable fees.

Notification:

The submitting author will be notified of the abstract's status via email.

Deadline:

The submission closing date is Friday, September 30, 2025.

Instructions for Papers and E-Posters



Abstract length:

Maximum 250 words.

Format:

Title: Maximum 20 words.

Authors:

List all authors' full names, affiliations, and email addresses.

Structure:

Follow this format: Background, Methods, Results, Conclusions.

Content:

Only abstracts with final results or conclusions will be accepted.

Abbreviations:

Spell out abbreviations in full the first time you use them, with the abbreviation in parentheses.

Financial disclosures:

Disclose any financial interest or funding received from a company related to your subject matter. This must also be included on the first slide of your presentation.

Instructions for Case Presentations and Operational Papers

Abstract length:

Maximum 250 words.

Format:

Title: Maximum 20 words.

Authors: List all authors' full names, affiliations, and email addresses.

Structure: Follow this format: Case Description, Why is the case being presented, Learning point.



## **Instructions for Image Submissions**

Categories:

You can submit photos in one of two categories: Clinical or Diagnostic (includes imaging like x-rays).

Technical specs:

Photos must be taken with a camera of at least 5MP to achieve 300 ppi.

Usage agreement:

By submitting, you agree to have your photo used on the OSK website for informational, educational, or advocacy purposes. Please tick the "I agree" box.

Required information:

Category (Clinical or Diagnostic)

Title/label

Narration (maximum 100 words)

Consent (Yes/No/Not applicable)

Photo credits (the identity of the person who took the photo)

## **Instructions for Skill Presentations**

Submission:

Send a written summary of the skill you wish to demonstrate. Further instructions will be provided if your submission is accepted.

## **Instructions for Video Submissions**

Judging criteria:

Videos will be judged on their educational value, originality, scientific content, clarity, and expert use of the medium.

Submission:

Submit a video abstract by September 30, 2025.



**Video abstract:**

Limited to 120-150 words.

Video title:

Limited to 20 words.

Background statement:

A separate background statement (maximum 250 characters) is required. This is for the selection committee only and will not be published.

Video format:

Videos must be a final, edited version.

Narration:

Narration in English is essential. English subtitles can also be used.

Copyright:

Do not use copyrighted music or materials without written authorization. You agree to indemnify OSK from any copyright infringement claims.

Permissions:

You are responsible for obtaining permission for any images or identifiable patients used in the video.

Disqualification:

The committee has the final say and may disqualify videos with offensive racial, sexual, political, or religious content.

Presenter attendance:

The main producer of a selected video should attend the event to answer questions.

Credits:

The opening credits must include a financial interest statement. Videos should not promote any commercial products.



Duration:

Videos should not exceed 5 minutes.

Labeling:

The video must be properly labeled with the main producer's name and the title, ensuring it matches the title in the submission and the video itself.

Content:

Graphics, illustrations, and animation can be used to clarify points. The video should not be a recorded PowerPoint presentation.

### **Video Specifications**

Formats:

MPEG, AVI, WMV, or QuickTime (MOV).

Preferred format:

MPEG-4.

Resolution:

Maximum 1280x720.

Compression:

Do not use DivX compression.

Frame rate:

30fps or less.

For any enquiries, please email [abstracts2025@osk.or.ke](mailto:abstracts2025@osk.or.ke).